



REDECORATED . . . Wilmington Mutual Savings has rushed work on its contemporary building at 1000 Avalon Blvd. in order to have the office ready for the 40th anniversary celebration slated for Sept. 6-8. The three day event will see Skipper Frank and Engineer for the kids. Refreshments and prizes are also on tap.

Wilmington Mutual Savings Celebrates Anniversary

To celebrate their 40th anniversary and their enlarged facilities, Wilmington Mutual Savings is planning a gala three day celebration to be held Sept. 6-8, according to Harold Coulthurst, manager of the organization. Starting the event will be a ribbon-cutting at which John S. Gibson, president of the Los Angeles City Council, will preside. City officials and civic leaders will be present at the opening and the public is invited to attend. During the three-day celebration, everyone is invited to stop in and inspect the beautiful new quarters. Both the exterior and the interior have been remodeled and the inside of the building enlarged. Tastefully furnished, Wilmington Mutual will take its place as one of the most distinguished savings and loan associations in all of California.

OUTSIDE in a specially erected tent, coffee and anniversary cake will be served to all visitors during this period. There will be drawings for door prizes on Sept. 8 and nearly \$2500 worth of merchandise will be given to the lucky winners. The articles will be on display in the lobby of Wilmington Mutual prior to and during the birthday celebration. Among the special events scheduled is a personal appearance of one of the well-known TV personalities. The program will be held in the parking lot and free balloons and prizes will be given to the children. Skipper Frank will be at Wilmington Mutual Savings on Tuesday, Sept. 6 at 1:30 p.m. and Engineer Bill will be on hand Thursday, Sept. 8 at 1:30 p.m.

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M.D.'s Mailbag Salt Can Harm Teeth and Gums When Used as a Tooth Paste

Question—I've heard that salt is just as effective as tooth paste for cleaning teeth. Is this true?—D.B.
Answer—Although salt has been widely used for years as a dentifrice, there is no scientific evidence that it is beneficial as a tooth cleaning agent. On the contrary, dry salt on a moistened toothbrush can prove to be very harmful to the teeth and gums. Salt is very abrasive to tooth structure, and is also abusive to gum tissue. In many cases, it is believed that improper brushing with such abrasive material is responsible for the excessive wear found on the gingival portion of the teeth.

Q.—Please discuss neurasthenia.—E.I.
A.—Neurasthenia is defined as nervous prostration or a psychoneurosis of nervous exhaustion, the predominant feature of which is abnormal fatigability. The victim has a severe depression, lack of energy, difficulty in concentration, poor appetite, difficulty in sleeping, and often complains of numerous pains. Frequently such patients have lost any feeling that they will recover and feel that nothing can be done to restore their normal state of optimism and health. With this attitude, they generally fail to take an aggressive approach to their problem.

Q.—What is the best treatment for a histamine headache?—N.N.
A.—This is a one-sided type of headache which is usually accompanied by a flushing of the face on the affected side. Recommended treatment is desensitization with histamine. (Presented as a public service by the Southwest District of the Los Angeles County Medical Assn.)

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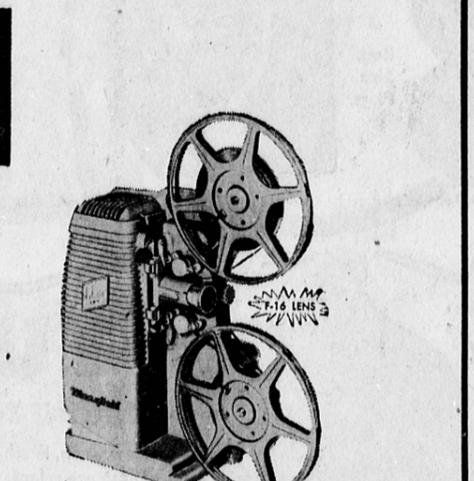
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